

## CLAIMS

We claim:

1. A miscarriage kit.
2. A kit for use with a miscarriage by a human, comprising:  
  
at least one item for use in helping the human with the miscarriage.
3. The kit of claim 2, wherein the at least one item includes a specimen pan.
4. The kit of claim 3, further comprising at least one container for holding pregnancy remains.
5. The kit of claim 2, further comprising a list of other items for use in helping the human deal with the body fluids discharged before, during, or after a miscarriage based on the human's going through a miscarriage.
6. The kit of claim 2, further comprising items used in helping the human deal with the body fluids discharged before, during, or after a miscarriage based on the human's going through a miscarriage.
7. The kit of claim 2, further comprising items used in helping the human deal with the body fluids discharged before the human experiences a miscarriage.
8. The kit of claim 2, further comprising items used in helping the human deal with the body fluids discharged substantially during the period the human experiences a miscarriage.
9. The kit of claim 2, further comprising items used in helping the human deal with the body fluids discharged after the miscarriage.

10. An apparatus for use with miscarriages, comprising:

at least one under pad/bed liner;

at least one sanitary napkin;

at least one towel;

at least one pair of gloves;

at least one specimen pan; and

at least one container for holding pregnancy remains.

11. A method of dealing with a miscarriage, once it has been determined that a pregnancy is ending, likely to end, or has ended in miscarriage, the method comprising:

facilitating a woman's access to items that will assist her in dealing with her miscarriage.

12. The method of claim 11, wherein the act of facilitating is achieved by providing the woman with a miscarriage kit including the items.

13. The method of claim 11, wherein the act of facilitating is achieved by providing the woman with a list reciting the items.

14. The method of claim 13, further comprising taking the list and obtaining some of the items recited on the list.

15. The method of claim 11, further comprising the act of providing at least one item to deal with body fluids discharged from the woman due to the miscarriage.

16. The method of claim 12, further comprising the act of providing at least one item to deal with fetal tissue discharged from the woman due to the miscarriage.

17. The method of claim 11, further comprising providing at least one item relating to protection of bedding from body fluids or fetal tissue discharged from the woman due to a miscarriage.
18. The method of claim 17, further comprising providing at least one item to assist in collecting any body fluids discharged from the woman due to the miscarriage.
19. The method of claim 18, wherein the provided item to assist in collecting any body fluids discharged from the woman due to the miscarriage may be for use with body fluids discharged before, during, or after a miscarriage.
20. A method of claim 11, wherein the act of facilitating comprises providing a miscarriage kit.
21. A method of dealing with a miscarriage outside a medical facility, once it has been determined that a pregnancy is ending, likely to end, or has ended in miscarriage, the method comprising:

facilitating a woman's access to items that will assist her in dealing with her miscarriage outside a medical facility.
22. The method of claim 21, wherein the miscarriage is to be dealt with in a residential home.
23. The method of claim 21, wherein the act of facilitating is achieved by providing the woman with a miscarriage kit including the items.
24. The method of claim 21, wherein the act of facilitating is achieved by providing the woman with a list reciting the items.